

The Successful Living Series

with Mark Bottinick LCSW-C



Plant new seeds for personal and professional growth while you meet new friends and enjoy great food

June 27 ~ Letting Go of Old Relationship Baggage



moving forward and making room for joy again

Has a break-up left you feeling angry, resentful, bitter or overly cautious about new relationships? Learn extraordinary and unexpected techniques in this brand new workshop. Shed the negativity and look forward to a new life.

July 11 ~ Maintaining Your Spirit After Job Loss



powerful techniques to help you bounce back

Losing a job is traumatic. It's a blow to your confidence and self-definition. Today's job market is utterly demoralizing. Let Mark guide you in the use of powerful techniques for being your best self as you network and interview.

July 18 ~ Emotional Mastery for Sales Executives



learning to realize your full potential in sales

What would happen to your sales performance if you could put an end to sagging motivation, procrastination, and discomfort associated with sales, such as cold call anxiety? This fun, experiential workshop gives you the tools to accomplish it.

3:30PM to 6:30PM

Vicino Ristorante Italiano

959 Sligo Avenue, Silver Spring

GetBeyondTalk.com

Easy sign-up!

About Mark Bottinick

\$45 advance payment / **\$55** at door

Special Price! **\$20** (July 11 only)

Register online at
GetBeyondTalk.com

for more information, call
301.593.7494



Mark Bottinick, LCSW-C is an expert in cutting-edge "energy psychology" tools that have been found to bring about rapid, dramatic and long-lasting changes in feelings, beliefs and behaviors. The tools are so effective, they are being used by three national organizations that provide first response to disasters. Contact Mark at 301.593.7494